

**RUN
FOR
AUTISM**



Enjoy a

FUN FAMILY WEEKEND

in Edinburgh, 26th+27th May

Autism affects 1 in 100 people in the UK.

So why not get your family involved in this year's Edinburgh Marathon Festival to support **Research Autism**?

FIND OUT ABOUT THIS GREAT FAMILY WEEKEND:

☎ 0203 490 3091 ✉ marathon@researchautism.net

www.researchautism.net/edinburgh



RESEARCH AUTISM
IMPROVING THE QUALITY OF LIFE

Your

FUN FAMILY WEEKEND

in Edinburgh, 26th+27th May

How Research Autism will help you and your family have a great time

Research Autism will provide you with support throughout your fundraising efforts and on the weekend to ensure that you and your whole family have a successful and enjoyable weekend.

Upon signing up to the Edinburgh Marathon weekend, Research Autism will provide all runners with a Runners Support Pack, which will include:

- A training guide
- Information on how to set up a fundraising page
- Fun fundraising ideas
- Travel and accommodation information
- Running vest

There will be a welcome event on the evening of the 29th February 2012 at Research Autism's London office, where you can find out more about our charity and meet some of the people who work here. This is also an excellent chance to meet some of the other runners.

The weekend will be full of fun events for you and your family to participate in, both sporting and not. For those who wish to run there are several events including:

- Two Junior races: 1.5k for 6-10 year olds and 3.5k for 11-14 year olds
- 5k
- 10k
- Half Marathon
- Full Marathon
- Team relay

There is also the opportunity to explore the beautiful city of Edinburgh. Trips to Edinburgh Castle, Edinburgh Dungeons and Camera Obscura can be arranged in advance. For those who love their whisky we can also organise a whisky tour at The Scotch Whisky Experience, where you will learn about the history of whisky and how it is made.

Programme for the weekend

Runners should arrive in Edinburgh on either Friday 25th or Saturday 26th depending on their running schedule. On Saturday morning there are the Junior events and 5k and 10k races in Holyrood Park which start between 9am and 11.05am.

Saturday afternoon can be used to explore Edinburgh and Research Autism can prebook trips to see Edinburgh Castle, the Edinburgh Dungeons and the Camera Obscura or organise a whisky tour. On Saturday evening Research Autism will be hosting a Pasta Party for all runners in central Edinburgh.

On Sunday morning the remaining events will take place: the team relay, half marathon and full marathon between 8am and 10am on either Regents Road or London Road depending on which race you will be taking part in. After these events, we will collect runners from their finish line and transport them to our Post-Event Reception where there will be Prize-giving and the chance for a massage.



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