

Choosing Autism Interventions

A Research-Based Guide

Bernard Fleming, Elisabeth Hurley and the Goth

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By Bernard Fleming, Elisabeth Hurley and the Goth



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The Goth, autism trainer and advocate, with high-functioning autism.

Are you confused about treatments and therapies for autism?

Are you looking for an unbiased guide?

This book provides an accessible, evidence-based overview of the most commonly used interventions for children and adults on the autism spectrum, and guides you through the information and tools needed to help you evaluate interventions for yourself, including:

- Key information on autism: what it is, and common issues facing people on the autism spectrum
- A comprehensive overview of a wide range of interventions and what scientific research tells us about their effectiveness and safety
- Best practice guidance from the National Institute for Health and Care Excellence (NICE)
- Tools to help you make informed decisions such as questions to ask and a list of principles
- Advice from the personal perspectives of people with autism and parents, based on their own experiences.

It is the first guide of its kind to meet the up-to-date, accurate and balanced requirements of the NHS Information Standard and is of value to a wide audience, including those with autism, their parents and carers and professionals alike. It brings a wealth of autism knowledge and experience together in one place.

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